



$$g = 9.8 \text{ m/s}^2$$

T = Period Δt for one revolution

$$v = \frac{\Delta s}{\Delta t}$$

$$a = \frac{v_f - v_i}{\Delta t}$$

$$\Delta s = v_i \Delta t + \frac{1}{2} a \Delta t^2$$

$$v_f^2 - v_i^2 = 2 a \Delta s$$

Circular motion

$$v = \frac{2 \pi r}{T}$$

r = radius

$$F = \frac{mv^2}{r}$$

$$a = \frac{v^2}{r}$$

Circumference = $2 \pi r$

PE = mgh

KE = $\frac{1}{2} mv^2$

W = change in energy

W = F Δs cos θ

Power = $\frac{W}{\Delta t}$

$$g's = \frac{a}{9.8}$$

$P_i = P_f$

$$m_1 v + m_2 v = m_1 v' + m_2 v'$$

eye height _____ pace length _____

average mass of person 65kg

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