WORK-ENERGY PROBLEM WORKSHEET

1. The third floor of a house is 8 m above street level. How much work is needed to move a 150 kg refrigerator to the third floor?

2. If Stan does 176 J of work lifting himself 0.30 m, what is Stan's mass?

- 4. Sau-Lan, with a mass of 52 kg, rides the up escalator at Ocean Park in Hong Kong, the world's longest. If the escalator has a length of 227 m and angle of 31°, calculate the work done by the escalator to lift Sau-Lan.
- 5. A librarian lifts a 2.2 kg book from the floor to a height of 1.25 m, carries the book 8.0 m to the stacks, and places the book on a shelf 0.35 m above the floor. How much work is done on the book?
- 6. A horizontal force of 805 N is needed to drag a crate across the floor with a constant speed. If the rope used to drag the crate makes an angle of 32° with the floor:

 a. Calculate the force applied along the rope.

 b. Calculate the work done to pull the crate a distance of 22m.

 c. If the job is done in 8 seconds, how much power is developed?

 7. Mary weighs 505 N. If she walks down a flight of stairs to a level 5.5 m below, what is the change in
 - 8. Toni has a mass of 45 kg and is moving with a speed of 10 m/s.
 - a. Calculate her kinetic energy.

her potential energy?

b. If Toni's speed changes to 5 m/s, what is her kinetic energy? Compare to part a answer.