

## **MATTHEW 6:36**

**There are two days in every week about which we should not worry, two days which should be kept free from fear and apprehension.**

**One of these days is YESTERDAY with its mistakes and cares, its faults and blunders, it aches and pains. YESTERDAY has passed forever beyond our control.**

**All the money in the world cannot bring back YESTERDAY. We cannot undo a single act we performed: we cannot erase a single word we said; YESTERDAY is gone.**

**The other day we should not worry about is TOMORROW WITH ITS POSSIBLE ADVERSITIES, ITS BURDENS, ITS large performance. TOMORROW is also beyond our immediate control.**

**TOMORROW'S sun will rise, either in splendor or behind a mask of clouds- but it will rise. Until it does, we have no stake in TOMORROW, for it is as yet unborn.**

**This leaves only one day – TODAY -. Anyone can fight the battles of just one day. It is only when you and I add the burdens of those two awful eternities --- YESTERDAY and TOMORROW – that we break down.**

**It is not the experience of TODAY that drives men mad – it is remorse or bitterness for something which happened YESTERDAY and the dread of what TOMORROW may bring.**

**LET US, THEREFORE, LIVE BUT ONE DAY AT A TIME.**