

WORK-ENERGY PROBLEM WORKSHEET

1. The third floor of a house is 8 m above street level. How much work is needed to move a 150 kg refrigerator to the third floor?

note: $\text{kg} \times \frac{\text{m}}{\text{s}^2} \times \text{m} \rightarrow \frac{\text{kg m}^2}{\text{s}^2} = \text{Joule}$

$$W = F \Delta S = mg \Delta S = (150 \text{ kg})(9.80 \text{ m/s}^2)(8 \text{ m}) = 11,760 \text{ J}$$

2. If Stan does 176 J of work lifting himself 0.30 m, what is Stan's mass?

$$W = F \Delta S = mg \Delta S \rightarrow \text{solve for } m \rightarrow m = \frac{W}{g \Delta S} = \frac{176 \text{ J}}{(9.80 \text{ m/s}^2)(0.30 \text{ m})} = 59.9 \text{ kg}$$

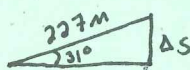
3. Lee pushes a 20 kg box 10 m across the floor with a horizontal force of 80 N. How much work does Lee do?

(note: since force is horizontal and known, we do not need the 20 kg information)

$$W = F \Delta S = mg \Delta S = (80 \text{ N})(10 \text{ m}) = 800 \text{ J}$$

4. Sau-Lan, with a mass of 52 kg, rides the up escalator at Ocean Park in Hong Kong, the world's longest. If the escalator has a length of 227 m and angle of 31° , calculate the work done by the escalator to lift Sau-Lan.

$$W = F \Delta S = mg \Delta S = (52 \text{ kg})(9.80 \text{ m/s}^2)(227 \text{ m} \cdot \sin 31^\circ) = 59,579.19 \text{ J} = 59,600 \text{ J}$$



$$\Delta S = 227 \text{ m} \cdot \sin 31^\circ \quad \left[\sin = \frac{O}{H} \therefore O = H \sin \theta \right]$$

5. A librarian lifts a 2.2 kg book from the floor to a height of 1.25 m, carries the book 8.0 m to the stacks, and places the book on a shelf 0.35 m above the floor. How much work is done on the book?

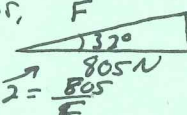
$$W = F \Delta S = mg \Delta S = (2.2 \text{ kg})(9.80 \text{ m/s}^2)(0.35 \text{ m}) = 7.546 \text{ J} = 7.5 \text{ J}$$

$\Delta S = 1.25 \text{ m}$ to carry, but ends up 0.35 m above the floor $\therefore \Delta S = 0.35 \text{ m}$

6. A horizontal force of 805 N is needed to drag a crate across the floor with a constant speed. If the rope used to drag the crate makes an angle of 32° with the floor:

- a. Calculate the force applied along the rope.

Isn't force in Newtons? Yes, but since it is at 32° w.r.t. floor,

$$F = \frac{805 \text{ N}}{\cos 32^\circ} = 949.2 \text{ N} = 950 \text{ N}$$


- b. Calculate the work done to pull the crate a distance of 22 m.

$$W = F \Delta S = (805 \text{ N})(22 \text{ m}) = 17,710 \text{ J} = 17,700 \text{ J}$$

- c. If the job is done in 8 seconds, how much power is developed?

$$\text{Power} = \frac{\text{Rate (work)}}{\text{time}} = \frac{W}{\Delta t} = \frac{17,700 \text{ J}}{8 \text{ s}} = 2212.5 \text{ W} = 2200 \text{ W}$$

(optional \rightarrow what if we solved algebraically?)

7. Mary weighs 505 N. If she walks down a flight of stairs to a level 5.5 m below, what is the change in her potential energy?

$$\Delta PE = mg \Delta h = (505 \text{ N})(-5.5 \text{ m}) = -2777.5 \text{ J} = -2778 \text{ J}$$

8. Toni has a mass of 45 kg and is moving with a speed of 10 m/s.

- a. Calculate her kinetic energy.

$$KE = \frac{1}{2} mv^2 = \frac{1}{2} (45 \text{ kg})(10 \text{ m/s})^2 = 2250 \text{ J}$$

- b. If Toni's speed changes to 5 m/s, what is her kinetic energy? Compare to part a answer.

$$KE = \frac{1}{2} mv^2 = \left(\frac{1}{2}\right)(45 \text{ kg})(5 \text{ m/s})^2 = 562.5 \text{ J}$$

4:1 ratio! Doubling speed quadruples KE!

$$\frac{2250 \text{ J}}{562.5 \text{ J}} = 4$$